

Veneers

Overview

There's no reason to put up with gaps in your teeth or with teeth that are stained, badly shaped or crooked. Today a veneer placed on top of your teeth can correct nature's mistake or the results of an injury and help you have a beautiful smile.

Veneers are thin, custom-made shells crafted of tooth-colored materials designed to cover the front side of teeth. They're made by a dental technician, usually in a dental lab, working from a model provided by your dentist.

You should know that this is usually an irreversible process, because it's necessary to remove a small amount of enamel from your teeth to accommodate the shell.

Your dentist may recommend that you avoid some foods and beverages that may stain or discolor your veneers such as coffee, tea or red wine. Sometimes a veneer might chip or fracture. But for many people the results are more than worth it.